DIVISION OF CLINICAL ENDOCRINOLOGY
& METABOLISM - DIABETES CENTER

1st DEPT OF INTERNAL MEDICINE
AHEPA UNIVERSITY HOSPITAL

ΤΜΗΜΑ ΚΛΙΝΙΚΉΣ ΕΝΔΟΚΡΙΝΟΛΟΓΙΑΣ & ΜΕΤΑΒΟΛΙΣΜΟΥ - ΔΙΑΒΗΤΟΛΟΓΙΚΌ ΚΕΝΤΡΟ, Α΄ ΠΑΘΟΛΟΓΙΚΉ ΚΛΙΝΙΚΉ, ΠΓΝ ΑΧΕΠΑ

SCIENTIFIC WORKSHOP ON VITAMIN D

ΕΠΙΣΤΗΜΟΝΙΚΉ ΗΜΕΡΙΔΑ ΜΕ ΘΕΜΑ

## VITAMIN D

IN THE PREVENTION OF HEALTH DISPARITIES DURING ADULT LIFE

29/9/2017

BITAMINH D

ΜΕΣΟΓΕΙΑΚΗ ΣΥΝΑΝΤΉΣΗ ΕΙΔΙΚΩΝ

29/9/2017

ΚΕΝΤΡΟ ΔΙΑΔΟΣΗΣ ΕΡΕΥΝΗΤΙΚΟΝ ΑΠΟΤΕΛΕΣΜΑΤΟΝ (ΚΕ.Δ.Ε.Α) ΑΠΘ ΘΕΣΣΑΛΟΝΙΚΗ

ARISTOTLE UNIVERSITY RESEARCH DISSEMINATION CENTER (KEDEA) THESSALONIKI / GREECE

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## **PRELIMINARY PROGRAM**

08:15 - 09:00 Registration 09:00 - 09:15 **Opening Remarks** 09:15 - 09.30 TBA 09:30 - 10:00 Vitamin D and neurocognition in seniors Vitamin D and Athletic Performance 10.00 - 10.30 10:30 - 11:00 Vitamin D status in pregnancy: A critical appraisal of available evidence 11:00 - 11:30 Advanced assays for multiple forms of vitamin D to explore its role in health and disease 11:30 - 12:15 Break 12:15 - 12:45 Vitamin D deficiency among pregnant women in the Middle East Vitamin D and Musculoskeletal Disorders 12:45 - 13:15 13:15 - 13:45 The effect of vitamin D receptors silencing on neurodegeneration Lunch 13:45 - 16:30 16:30 - 17:00 Vitamin D and Thyroid disorders 17:00 - 17:30 Adiponectin and vitamin D-binding protein are independently associated at birth in both mothers and neonates Vitamin D and Diabetes 17:30 - 18:00 18.00 - 18.30 Break 18.30 - 19.00 Hypovitaminosis D in Italy: relations with PTH values 19.00 - 19.30 Vitamin D basis of Alzheimer's disease: from genetics to biomarkers 19.30 - 20.00 Extranuclear Vitamin D actions

20.00 - 20.45 Changing the paradigm by designing vitamin D RCTs based primarily on 25(OH) concentrations

20.45 - 21.00 Closing remarks

## SPEAKERS' LIST

**Cedric Annweiler /** Associate Professor of Geriatric Medicine and Biology of Aging, Head of the Department of Geriatric Medicine and Memory Clinic, Director of the Research Center on Autonomy and Longevity, Angers University Hospital, France

**Alkiviadis Bais /** Physics Department Section of Applied and Environmental Physics Laboratory of Atmospheric Physics, AUTh, Thessaloniki, Greece

Elias Castanas / Professor of Molecular Endocrinology, University of Crete, Greece

Michalis Daniilidis / Professor of Medicine and Immunology, Medical School, AUTH, Greece

**Erdinc Dursun /** Cerrahpasa Faculty of Medicine, Department of Medical Biology, Brain and Neurodegenerative Disorders Research Lab, Istanbul University, Turkey

**Hana Fakhoury Hajeer /** Associate Professor of Biochemistry, College of Medicine, Al Faisal University, Riyadh, KSA

**Georgios Germanidis /** Assistant Professor of Gastroenterology, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

**Duygu Gezen A. /** Cerrahpasa Faculty of Medicine, Department of Medical Biology, Brain and Neurodegenerative Disorders Research Lab, Istanbul University, Turkey

**Dimitrios G.Goulis /** Associate Professor of Reproductive Endocrinology, Medical School, AUTH, Greece

**William B. Grant /** Sunlight, Nutrition, and Health Research Center, San Francisco, CA, USA

**Panagiotis Ioannidis /** Assistant Professor of Neurology, Medical School, AUTh, Greece

**Spyridon N. Karras /** Senior Research Associate, Division of Endocrinology-Diabetes, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

**Kiriakos Kazakos /** Associate Professor of Internal Medicine-Diabetes, Alexandrion Technological Institution of Nursing Studies, Thessaloniki, Greece

**Kalliopi Kotsa /** Assistant Professor of Endocrinology-Diabetes, 1st Department of Internal Medicine, AHEPA University Hospital Thessaloniki, Greece

**Vasilios Liakopoulos /** Assistant Professor of Nephrology, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

**Andreas Margioris /** Professor of Endocrinology, Medical School, University of Crete, Greece

**Salvatore Minisola /** Department of Internal Medicine and Medical Disciplines "Sapienza" Rome University, Italy

**Declan P.Naughton /** Professor of Biomolecular Sciences, Interim Dean for Research FACULTY OF SCIENCE, ENGINEERING & COMPUTING, Kingston University, London, Great Britain

**Theodosis Papavramidis /** Assistant Professor of Surgery, Medical School, AUTh, Greece

Stergios Polyzos / Senior Research Associate, Medical School, AUTh, Greece

**Konstantinos Toulis /** Consultant Endocrinologist, 424 Military Hospital, Thessaloniki, Greece

Faustino Perez Lopez / Professor of Obs/Gyn, University of Zaragoza, Spain

Martha Spilioti / Assistant Professor of Neurology, Medical School, AUTh, Greece

**Maria Yavropoulou /** Consultant Endocrinologist, Division of Endocrinology-Diabetes, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

Ioannis Yovos / Professor Emeritus of Endocrinology, Medical School, AUTh, Greece

**Pantelis Zebekakis /** Professor of Internal Medicine, Head of the 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece