


Organizers:  INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE

 DEPARTMENT OF MEDICINE & RESEARCH LAB OF INTERNAL MEDICINE
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE
Director: Professor G.N. Dalekos

7th International Congress of Internal Medicine of Central Greece

MARCH 19-21, 2015


Larissa Imperial Hotel

LARISSA, GREECE

<http://www.internalmedicine-uth.gr>

Under the auspices of:

 UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

 HELLENIC SOCIETY OF INTERNAL MEDICINE

 INTERNAL MEDICINE SOCIETY OF NORTHERN GREECE

The Congress will be submitted to be approved with
Continuing Medical Education (C.M.E.) Credits by the Panhellenic Medical Association

Preliminary Programme

WELCOME MESSAGE

Dear colleagues,

On behalf of the Organizing Committee, it is a great pleasure to welcome and invite you all to the **7th International Congress of Internal Medicine of Central Greece**, which will take place on **19-21 March, 2015** at Larissa Imperial Hotel, in **Larissa, Greece**.

The Congress is organized with the joint effort of the **Institute of Internal Medicine and Hepatology** and the **Department of Medicine and Research Laboratory of Internal Medicine of the University of Thessaly Medical School, Larissa, Greece**. We are also glad that the Congress is held under the auspices of the University of Thessaly Medical School, the Hellenic Society of Internal Medicine and the Internal Medicine Society of Northern Greece.

The Organizing and Scientific Committees, aiming to keep up with the educational nature of the previous successful Congresses, have prepared a stimulating scientific programme that will bring topics with broad, interdisciplinary interest to open dialogue and highlight the latest scientific achievements in a variety of diseases encountered in everyday clinical practice of Internal Medicine.

The multi topic scientific programme, given the importance of the international character of the Congress, is designed to feature rather interesting plenary state-of-the-art lectures, delivered by leading foreign and Greek experts, round tables designed in collaboration with different Scientific Societies covering hot topics and current issues in the field of internal medicine, up-to-date symposia along with satellite lectures and symposia.

Furthermore, the Congress will provide young-and not only-colleagues with a great opportunity to present their work, research and clinical experience through oral and poster presentations covering various section fields of Internal Medicine. Therefore we encourage interested colleagues to actively participate in the programme and submit abstracts of their work through the website of the Congress.

We trust that the three days experience in the Congress will become a great opportunity for younger to learn from the older, for experts to share their valuable knowledge and for all to gain from rewarding presentations and discussions.

Hoping to join us and meeting you all in Larissa in March 2015!

Best regards,

The President of the Organizing Committee

George N. Dalekos

Professor of Medicine,

President, Institute of Internal Medicine and Hepatology,

Vice President, Internal Medicine Society of Northern Greece,

Vice President, Hellenic Society for the Study of Liver,

Head, Department of Medicine and Research Laboratory of Internal Medicine,

Medical School, University of Thessaly, Larissa, Greece

ORGANIZATION

Organizers:



INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE



**DEPARTMENT OF MEDICINE & RESEARCH LAB OF INTERNAL MEDICINE,
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE**

Director: Professor G.N. Dalekos

ORGANIZING COMMITTEE

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 K.P. Makaritsis G. Ntaios

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G.D. Dimitriadis	D.I. Hadjidakis	P. Michel	P.P. Sfikakis
M.-A. Dimopoulos	A. Hatzitolios	H.M. Moutsopoulos	G. Stergiou
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A. Garyfallos	S. Kotsiou	G. Petrikkos	H. Wedemeyer
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H.P. Gavras	N. Madias	S.A. Raptis	

Under the auspices of:



UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE



HELLENIC SOCIETY OF INTERNAL MEDICINE



INTERNAL MEDICINE SOCIETY OF NORTHERN GREECE

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PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, March 19, 2015

14:00 **Registration**

14:30 - 16:00 **ORAL PRESENTATIONS**

16:00 - 16:30 **STATE-OF-THE-ART LECTURE**

Hellenic Stroke Organization

Chairperson: **Konstantinos Vemmos** (Athens, Greece)

Predictors of early major worsening in acute ischemic stroke

Patrik Michel (Lausanne, Switzerland)

16:30 - 17:00 **Coffee break**

17:00 - 17:30 **SATELLITE LECTURE**

17:30 - 19:00 **ROUND TABLE**

Clinical dilemmas in anticoagulation treatment in the era of NOACs

Chairpersons: **Thorsten Steiner** (Frankfurt, Germany),
Stavros Konstantinides (Alexandroupolis, Greece)

Management of anticoagulation during elective interventional procedures

George Ntaios (Larissa, Greece)

Antithrombotic treatment in patients with coronary artery disease and atrial fibrillation

John Goudevenos (Ioannina, Greece)

How and when should we restart anticoagulants after an anticoagulant-related intracranial hemorrhage

Thorsten Steiner (Frankfurt, Germany)

MCQ voting system available

19:00 - 19:30 STATE-OF-THE-ART LECTURE

Chairperson: Konstantinos Gourgoulianis (Larissa, Greece)

Recent advances in diagnosis and management of pulmonary embolism

Stavros Konstantinides (*Alexandroupolis, Greece*)

19:30 - 19:45 Break

19:45 - 21:00 OPENING CEREMONY

Welcome

Inaugural Lecture

The Long Journey of Hepatology: From the 1960s to our Days

Stephanos J. Hadziyannis (*Athens, Greece*)

21:00 WELCOME RECEPTION

PRELIMINARY SCIENTIFIC PROGRAMME

Friday, March 20, 2015

08:00 - 09:30 ORAL PRESENTATIONS

09:30 - 10:30 SYMPOSIUM
Hepatitis C virus infection in the era of new DAAs

Chairpersons: **George N. Dalekos** (*Larissa, Greece*)
George V. Papatheodoridis (*Athens, Greece*)

Current treatment options for HCV patients
Michael Manns (*Hannover, Germany*)

HCV treatment in special populations
Cihan Yurdaydin (*Ankara, Turkey*)

10:30 - 11:00 Coffee Break

11:00 - 12:30 ROUND TABLE
Current trends in the pathogenesis and management of SLE

Chairpersons: **Yves Renaudineau** (*Brest, France*)
Dimitrios Vassilopoulos (*Athens, Greece*)

12:30 - 13:15 SATELLITE SYMPOSIUM

13:15 - 14:00 SATELLITE SYMPOSIUM

14:00 - 15:30 E-POSTER PRESENTATIONS

15:30-16:00 Leisure time

Friday, March 20, 2015

16:00 - 17:30 ROUND TABLE

Common diseases of the upper GI tract: new aspects on pathogenesis and treatment

Hellenic Society of Gastroenterology

Chairpersons: Grigorios Paspatis (Heraklion, Greece)

Sotirios D. Georgopoulos (Athens, Greece)

Pathogenesis and current treatment of gastroesophageal reflux disease

Georgios Karamanolis (Athens, Greece)

Pathogenesis and current treatment of H. pylori infection

John Vlachogianakos (Athens, Greece)

Epidemiology, pathogenesis and current treatment modalities of non-variceal upper gastrointestinal bleeding

Konstantinos Thomopoulos (Patras, Greece)

Peptic ulcer disease and complications from non-steroidal anti-inflammatory drugs and antiplatelet agents: epidemiology, mechanisms of tissue damage and gastroprotective strategies

Dimitrios Christodoulou (Ioannina, Greece)

MCQ voting system available

17:30 - 18:15 SATELLITE SYMPOSIUM

18:15 - 18:45 Coffee Break

Friday, March 20, 2015

18:45 - 20:15 ROUND TABLE

Complications of portal hypertension: what's new?

Hellenic Society for the Study of Liver

Chairpersons: **Rajiv Jalan** (London, UK)

John Koskinas (Athens, Greece)

Pathogenesis and treatment of hepatic encephalopathy

Rajiv Jalan (London, UK)

Management of ascites

Pinelopi Manousou (London, UK)

Management of variceal bleeding

Christos Triantos (Patras, Greece)

Infections in patients with cirrhosis

Alexandra Alexopoulou (Athens, Greece)

MCQ voting system available

20:15 - 21:00 SATELLITE SYMPOSIUM

PRELIMINARY SCIENTIFIC PROGRAMME

Saturday, March 21, 2015

08:00 - 09:00 ORAL PRESENTATIONS

09:00 - 10:30 ROUND TABLE

Antibiotics in everyday clinical practice; what do I need to know: case studies

Hellenic Society of Chemotherapy

Chairpersons: **Helen Giamarellou** (Athens, Greece)

Charalampos Gogos (Patras, Greece)

Case 1

Charalampos Gogos (Patras, Greece)

Case 2

Helen Giamarellou (Athens, Greece)

Case 3

Kyriaki Kanellakopoulou (Athens, Greece)

MCQ voting system available

10:30 - 11:00 STATE-OF-THE-ART LECTURE

Chairperson: **Helen Giamarellou** (Athens, Greece)

Zoonoses revisited: Current aspects and management in 2015

Bruno Hoen (Guadeloupe, France)

11:00 - 11:30 Coffee Break

11:30 - 13:00 ROUND TABLE

Novel oral treatments in type II diabetes mellitus

Hellenic Society of Internal Medicine

Chairperson: **Sotirios A. Raptis** (Athens, Greece)

Saturday, March 21, 2015

13:00 - 13:30 STATE-OF-THE-ART LECTURE

Hellenic Society of Internal Medicine of Northern Greece

Chairperson: Apostolos Hatzitolios (Thessaloniki, Greece)

Treatment of dyslipidemia: what, when and how

Konstantinos Tziomalos (Thessaloniki, Greece)

13:30 - 14:00 STATE-OF-THE-ART LECTURE

Hellenic Society of Medical Oncology

Chairperson: Athanasios Athanasiadis (Larissa, Greece)

Best supportive care in cancer patients: ethical dilemmas

Georgios Samonis (Heraklion, Greece)

14:30 - 15:30 E-POSTER PRESENTATIONS

15:30 - 16:00 Leisure time

16:00 - 17:30 ROUND TABLE

Current trends in the diagnosis and management of arterial hypertension

*Chairpersons: Konstantinos P. Makaritsis (Larissa, Greece)
Vasilios Kotsis (Thessaloniki, Greece)*

White coat and masked hypertension

Vasilios Kotsis (Thessaloniki, Greece)

Metabolic syndrome, hypertension and vascular diseases

Niki Katsiki (Thessaloniki, Greece)

Hypertension in children and adolescents

Stella Stabouli (Thessaloniki, Greece)

Early Vascular Ageing (EVA): a new target for hypertension treatment

Peter Nilsson (Malmo, Sweden)

MCQ voting system available

17:30 - 19:00 **ROUND TABLE**
Advances in imaging in every-day clinical practice

Chairpersons: **Ioannis Fezoulidis** (*Larissa, Greece*)
Nikolaos Kelekis (*Athens, Greece*)

Advances in neuroimaging
Eftychia Kapsalaki (*Larissa, Greece*)

Advances in SPECT cardiac imaging
Maria Koutelou (*Athens, Greece*)

Advances in diagnosis of focal liver lesions - Elastography
Dirk-André Clevert (*Munich, Germany*)

19:00 - 19:30 **Coffee Break**

19:30 - 21:00 **SATELLITE SYMPOSIUM**

21:00 **Farewell Reception**

GENERAL INFORMATION

Venue

LARISSA IMPERIAL HOTEL

182 Farsalon Str., GR 413 35 Larissa, Greece

Tel: +30 2410 687600, Fax: +30 2410 687687

Email: lj@classicalhotels.com, Website: <http://www.classicalhotels.com/larissaimperial>

Dates & Hours

Thursday, March 19th, 2015 14:30 - 21:00

Friday, March 20th, 2015 08:30 - 21:00

Saturday, March 21st, 2015 08:00 - 21:00

Official Language

The official language of the Congress is **English**.

Simultaneous translation (interpretation) will not be provided.

Website

Find all useful information and updates about the Congress at

www.internalmedicine-uth.gr

Contact: **admin@internalmedicine-uth.gr**

Newsletter: If you wish to receive information and be updated about congress issues, you may subscribe to the newsletter subscription form available on the website.

Accreditation

The Congress will be submitted to be approved with Continuing Medical Education (C.M.E.) Credits by the Panhellenic Medical Association according to the EACCME-UEMS criteria.

Sponsors/ Exhibition

A major exhibition will accompany the Congress, where pharmaceutical and/or equipment/device industries will display relevant products, services and therapeutic developments, reach and interact with the medical community, promote their activities, research and technologies.

For relative information interested Companies may contact the Organizing-Administrative Bureau Conferre Ltd (info@conferre.gr).

Letter of Invitation

Participants may require an official Letter of Invitation to enable them to overcome administrative difficulties in their countries in order to participate in the Congress. It must be understood that such letters do not imply any commitments from the congress to provide financial assistance. However, please note that the letter of invitation can only be sent to registered participants. If you require such a letter, please apply to the Secretariat (after your successful registration, please send an e-mail to **info@conferre.gr** in order to receive your invitation letter on time).

GENERAL INFORMATION

Liability and Insurance

The Organizers as well as the Organizing-Administrative Bureau will assume no liability for injuries or losses of any nature incurred by participants and/or accompanying persons, or for the damage, loss or theft of their personal property during the Congress. Participants are advised to take out their own health, travel and personal insurances.

Registration

Registration Fees (Euro/incl. VAT 23%)

Category	Cost
¹ Doctors	100,00€
¹ Trainees	70,00€
² Nursing Staff	Free
² Students	Free
³ Other	30,00€

1. Registration for doctors and trainees includes:

- Admission to the Congress area and scientific sessions
- Admission to the exhibition area
- Congress material
- Certificate of attendance
- Coffee Breaks
- Welcome Reception
- Farewell Reception

2. Registration for nursing staff and students includes

- Admission to the congress area and scientific sessions
- Admission to the exhibition area
- Certificate of attendance

3. Registration for other includes:

- Admission to the Congress area and scientific sessions
- Admission to the exhibition area
- Congress material
- Certificate of attendance

Accommodation

The Organizing Administrative Bureau has reserved an adequate number of rooms in the Larissa Imperial Hotel (Congress venue) at special rates for the participants for the period of **March 19-21, 2015**. For more information about the rates and accommodation booking process, participants may contact Conferre Ltd.

Conferre Ltd has been appointed as the official accommodation booking agent for the Congress and will handle all related arrangements.

Requests will be served on a first-come, first-served, space-available basis. We strongly advise all participants to request for accommodation booking as soon as possible.

The Organizing-Administrative Bureau will not be able to guarantee rooms after January, 30th, 2015.

CALL FOR ABSTRACTS

Contact

Organizing-Administrative Bureau/Secretariat: Conferre Ltd

4th klm Ioannina-Dodoni Avenue, GR 45110 Ioannina, Greece

Tel.: (+30) 26510 68610, Fax: (+30) 26510 68611

E-mail: info@conferre.gr, Website: www.conferre.gr

Call for abstracts

Share the knowledge!

Young colleagues are invited to actively contribute to the programme by presenting their research to an international audience of medical experts, through **Oral** and **e-Poster Presentations**.

All submitted abstracts will be reviewed by an Abstract Review Committee and all accepted and valid ones will be presented during the scientific programme as an Oral Presentation or an e-Poster Presentation.

**Abstracts should be submitted only through
the online abstract submission form at the official website
www.internalmedicine-uth.gr
Abstracts submitted by email or fax will not be accepted.**

Abstracts may be submitted in **English** language.


Please visit the website for all useful guidelines about the preparation and submission of your abstract!

Abstract Submission Deadline: January 07, 2015
Notification of Acceptance/Rejection of Abstracts: January 27, 2015

Abstracts of all Oral and e-Poster Presentations of the Congress will be also included in the **e-Abstract Book** of the Congress.

Note:

For any abstract submitted for presentation, the Registration Fee for at least one of the authors must be paid (preregistration is required at least 3 weeks prior to the Congress, for confirmation of participation). If a participant pays the Registration Fee in order to submit an abstract and the abstract is finally not accepted, there will be a full refund only if the author does not desire to participate in the Symposium and send a written request to the Secretariat within 15 days of the notification of abstract rejection.



Remember the Dates!

Abstract Submission Deadline:

January 7, 2015

Notification of Acceptance/Rejection of Abstracts:

January 27, 2015

Availability for Accommodation Booking

January 30, 2015

Final Programme available via website:

January 30, 2015

Submit your abstract now!