



# 9<sup>TH</sup> INTERNATIONAL WORKSHOP

Highlights  
in Basic  
& Clinical  
Neuroendocrinology

## Cushing's Syndrome in 2010 – An Overview



programme

A joint meeting of the Adrenal and Neuroendocrine  
sections of the Hellenic Endocrine Society

**4 December 2010**  
Ionic Centre • Athens, Greece

Sponsored by  
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ONCOLOGY



# invitation

Dear colleagues and friends,

We would like to invite you to the 9<sup>th</sup> International Workshop Highlights in Basic and Clinical Neuroendocrinology, organized jointly by both the Neuroendocrine and Adrenal Sections of the Hellenic Endocrine Society on December 4<sup>th</sup> at the Ionic Centre in Plaka. This Workshop aims to integrate new data obtained from basic and clinical research to clinical practice. This year's workshop will focus on Cushing's syndrome and it is intended to provide an overview of the disease and the evolution of its treatment up to now.

Recognised scientists from abroad will come to share their experience on Cushing's syndrome in a fruitful workshop organized this winter Saturday in the beautiful and picturesque area of Plaka.

The Organizing Committee

## organizers

### Neuroendocrine Section of the Hellenic Endocrine Society

G. Kontogeorgos  
S. Tsagarakis

### Adrenal Section of the Hellenic Endocrine Society

I. Ilias  
E. Vassilatou  
D. A. Vassiliadi



### Hellenic Endocrine Society

#### Executive Committee

**President:** M. Anapliotou  
**Vice President:** F. Kaldrimidis  
**General Secretary:** I-A. Vatalas  
**Treasurer:** M. Somali  
**Special Secretaries:** I. Ilias  
H. Grypaiou  
F. Papadopoulou

<b>Anapliotou M.</b>	Ass. Professor of Endocrinology, University of Athens
<b>Anastasiou E.</b>	Endocrinologist, Director, Diabetic Center, 1 <sup>st</sup> Dpt. of Endocrinology, GHA "Alexandra"
<b>Boscaro M.</b>	Professor, Director of Endocrinology Clinic, Marche Polytechnic University, Ancona, Italy
<b>Georgakoulias N.</b>	Neurosurgeon, Consultant, Dpt. of Neurosurgery, GHA «G. Gennimatas»
<b>Hadjidakis D. I.</b>	MD, Assoc. Professor Internal Medicine - Endocrinology, Endocrine Unit, 2 <sup>nd</sup> Dpt. of Internal Medicine-Propaedeutic, Athens University Medical School, "Attikon" University Hospital, Athens
<b>Ilias I.</b>	Attending Endocrinologist, Dpt. of Endocrinology, Diabetes & Metabolism, "E. Venizelou" Hospital, Athens
<b>Kontogeorgos G.</b>	Visiting Professor, University of Toronto
<b>Koukoulis G.</b>	Endocrinologist, Ass. Professor of University of Thessaly, Director, Clinic of Endocrinology and Metabolism
<b>Koutsilieris M.</b>	MD, Ph.D, Professor of Experimental Physiology, Medical School, National & Kapodistrian University of Athens
<b>Lightman S.</b>	Professor of Medicine, University of Bristol, Henry Wellcome Laboratories for Integrative Neuroscience & Endocrinology, UK
<b>Linos D.</b>	MD, F.A.C.S, Consultant in Surgery Massachusetts General Hospital, Lecturer on Surgery Harvard Medical School
<b>Magiakou A.</b>	Assistant Professor of Pediatric Endocrinology
<b>Margioris A.</b>	Endocrinologist, Professor of Medicine School, University of Crete
<b>Nomikos P.</b>	Neurosurgeon, Assistant Director, Neurosurgery Clinic & Associate, Gamma Knife Department, DTCA «Hygeia»
<b>Papavasiliou E.</b>	Endocrinologist, Ass. Professor of Endocrinology, University Hospital of Heraklion, Greece
<b>Pecori-Giraldi F.</b>	Chair of Endocrinology, University of Milan, Istituto Auxologico Italiano, Milan, Italy
<b>Piaditis G.</b>	Director, Dpt. of Endocrinology & Diabetic Center, GHA «G. Gennimatas»
<b>Saridaki K.</b>	Endocrinologist
<b>Theodoropoulou M.</b>	PhD, Dpt. of Endocrinology, Max Planck Institute of Psychiatry, Germany
<b>Tolis G.</b>	Director, Dpt. of Endocrinology & Metabolism, GHA «Ippokratio»
<b>Tsagarakis S.</b>	MD, PhD, Head, Dpt. of Endocrinology, Athens' Polyclinic Hospital
<b>Tsatsoulis A.</b>	Professor of Medicine-Endocrinology, Department of Endocrinology, University Hospital of Ioannina
<b>Tzanela M.</b>	Endocrinologist, Dpt. of Endocrinology, GHA «Evaggelismos»
<b>Tzavara-Aggelopoulos I.</b>	Director, Dpt. of Endocrinology, GHM «Amalia Fleming»
<b>Vassilatou E.</b>	MD, PhD, Endocrine Unit, 2 <sup>nd</sup> Department of Internal Medicine, Attikon University Hospital
<b>Vassiliadi D. A.</b>	MD, Endocrinologist, Endocrine Unit, 2 <sup>nd</sup> Department of Internal Medicine-Propaedeutic, "Attikon" University Hospital, Greece
<b>Vassilopoulos C.</b>	Director, Dpt. Of Endocrinology, Diabetes & Metabolism, Diabetological Center, GH «Evangelismos», Athens
<b>Vryonidou A.</b>	Director, Dpt. of Endocrinology, Diabetes and Metabolism, Korgialenio-Benakio Hospital, Athens

**December 4<sup>th</sup>, 2010**

**09:00-09:30**      **Registration & Welcome addresses**

**09:30-10:30**      **MOLECULAR PATHOGENESIS AND PATHOLOGY OF CUSHING'S SYNDROME**

**Chairpersons: M. Koutsilieris, A. Tsatsoulis**

Pathology of Pituitary Corticotroph and Adrenal Tumors  
*G. Kontogeorgos*

Molecular Pathogenesis of Pituitary Corticotroph Tumors  
*M. Theodoropoulou*

**10:30-11:00**

**C O F F E E   B R E A K**

**11:00-12:30**      **DIAGNOSTIC APPROACH OF THE PATIENT WITH OVERT OR SUSPECTED CUSHING'S SYNDROME**

**Chairpersons: H. Anastasiou, A. Vryonidou**

Diagnosis and Differential diagnosis of CS  
*F. Pecori-Giraldi*

Biochemical and Imaging diagnostic tools in ectopic ACTH syndrome  
*I. Ilias*

Subclinical or mild CS- does it exist?  
*D. A. Vassiliadi*

**12:30-14:00**

**CLINICAL IMPLICATIONS OF CUSHING'S SYNDROME**

**Chairpersons: D. Hadjidakis, G. Koukoulis**

CS and the metabolic syndrome  
*A. Margioris*

CS and the CNS  
*C. Saridaki*

CS in childhood  
*A. Magiakou*

**14:00-15:00**

**L I G H T   L U N C H**

15:00-16:30

## TUMOR DIRECTED TREATMENTS OF CUSHING'S SYNDROME

**Chairpersons:** I. Tzavara-Aggelopoulos, G. Piaditis

Pituitary surgery

*N. Georgakoulas*

Stereotactic Radiotherapy

*P. Nomikos*

Adrenal Surgery

*D. Linos*

16:30-18:00

## MEDICAL TREATMENT OF CUSHING'S SYNDROME

**Chairpersons:** E. Papavasiliou, C. Vassilopoulos

Medications acting at the adrenals

*E. Vassilatou*

Centrally acting treatments in Cushing's Disease – what we've learned

*M. Tzanela*

Pasireotide a promising new option

*M. Boscaro*

18:00-18:30

## COFFEE BREAK

18:30-19:30

## CASE PRESENTATIONS OF CUSHING'S SYNDROME

**Moderator:** S. Tsagarakis

Discussants: *M. Boscaro, S. Lightman, F. Pecori-Giraldi*

19:30-20:00

## CLOSING LECTURE

**Chairperson:** M. Anapliotou

Implications of adrenal hormone pulsatility

*S. Lightman*

20:00

## CLOSING REMARKS

**Cushing's syndrome – an overview**

*G. Tolis*

# general information

## WORKSHOP VENUE & DATES

The Workshop will take place in Athens, at the Ionic Centre (11, Lysiou Str., 105 56 Plaka, Athens, Tel: 210 3246614), on December 4th, 2010.

## LANGUAGE

The official languages of the Workshop are English and Greek.

## REGISTRATION TO THE WORKSHOP

The registration to the Workshop is free of charge, and includes: access to the scientific sessions, congress material & certificate of attendance, coffee breaks & light lunch.

## ACCOMMODATION

The organizers advise all Workshop participants to reserve hotel rooms as soon as possible to guarantee accommodation. Hotel rooms with advantageous prices have been reserved from the workshop Secretariat.



Hotel Name	Category	Distance from Workshop Venue	Single Room	Twin/Double Room
ELECTRA PALACE	4* sup.	600 m	€ 135	€ 150

## PAYMENT CONDITIONS FOR HOTEL RESERVATION

- One (1) night **non refundable** deposit, payable to **ERA Ltd**, is required in order to confirm your Hotel Reservation.
- Full payment for Hotel accommodation should reach the Workshop Secretariat, not later than November 19<sup>th</sup>.

## WAYS OF PAYMENT


- By bank remittance** stating the 9<sup>th</sup> International Workshop Highlights in Basic and Clinical Neuroendocrinology 2010, as well as the name of the participant, to Bank of Cyprus -Athens Branch-II, 9 Mitropoleos Str., GR-106 71 - Athens, Greece, to the order of ERA Ltd  
Account No: 1 1 7 9 0 4 0 (Swift Code: BCYPGAA), IBAN: GR6907300010000000001179040.  
Please enclose a copy of transfer receipt. Please enclose a copy of transfer receipt with the form.
- By major credit cards**

## CANCELLATION FOR HOTEL ACCOMMODATION

- For written cancellation received before November 19<sup>th</sup>, 1 night cancellation fees will apply
- For written cancellation received after November 19<sup>th</sup>, 2 nights cancellation fees will apply

## ORGANIZING SECRETARIAT AND TRAVEL AGENCY

For registration, hotel accommodation, please contact:

 **ERA Ltd**, 17, Asklipiou Str., 106 80 Athens-Greece, Tel.: +30 210 3634944  
Fax: +30 210 3631690, E-mail: info@era.gr, Web site: www.era.gr



# 9<sup>th</sup> INTERNATIONAL WORKSHOP


HIGHLIGHTS IN BASIC & CLINICAL NEUROENDOCRINOLOGY

## Cushing's Syndrome in 2010

Ionic Centre • December 4, 2010

### REGISTRATION & RESERVATION FORM

Please return this form to the Workshop Secretariat:

 **ERA Ltd** • 17, Asklipiou Str- 106 80, Athens, Greece, **by fax:** (+30) 210 3631 690,  
or **by e-mail:** info@era.gr

Family name: .....

First name: .....

Hospital: .....

Address: .....

City: ..... Zip code: ..... Country: .....

Tel: ..... Fax: .....

E-mail: .....

#### I. Registration

Registration to the Workshop

Free of charge

**Registration Fees include:** Access to the scientific sessions, workshop material (congress kit, certificate of attendance), coffee breaks and light lunch.

#### II. Hotel Accommodation

Check in: ..... December 2010

Check Out: ..... December 2010

Hotel	Category	Single room	Double Room	Total x Nights
Electra Palace Hotel	4* sup.	€ 135	€ 150	X .....
Total (II)				

Payment can be effected either:

a) By bank remittance stating the 9<sup>th</sup> International Workshop Highlights in Basic and Clinical Neuroendocrinology 2010, as well as, the name of the participant: To Bank of Cyprus -Athens Branch-II, 9 Mitropoleos Str., GR-106 71 -Athens, Greece, **to the order of ERA Ltd.** Account No: 1 1 7 9 0 4 0 (Swift Code: BCYPGAA), IBAN: GR6907300010000000001179040.

**Charges are the responsibility of the participants and should be paid at source in addition to the accommodation fees.**

b) By major credit cards. Please complete the relevant information as described below.

VISA                       MASTERCARD                       AMERICAN EXPRESS

Card Number: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

3 last digits: \_\_\_\_\_ Valid from (For AMEXCO card holders) \_\_\_\_\_ / \_\_\_\_\_

Expiration Date: ..... / .....

Cardholder's name: .....

Signature: .....

Date: ..... / ..... / .....

