

2nd EASD Postgraduate Course on Clinical Diabetes and its Complications Shiraz, Iran, 2 - 4 March 2017

Faculty

Leszek Czupryniak, Poland	Bagher Larigani, Iran	Farhad Hosseinpanah, Iran
Stavroula A. Paschou, Greece	Gregorz Gajos, Poland	Peter Gaede, Denmark
Rasa Verkauskiene, Lithuania	Donal O’Gorman, Ireland	Kristien van Acker, Belgium
Martin Haluzik, Czech Republic	Evgenia Patrakeeva, Russia	Farzad Hadaegh, Iran
Mohammad H. Dabaghmanesh, Iran	Mesbah Shams, Iran	Zohre Mazloum, Iran
Mahmood Soveid, Iran		

Programme

DAY 1: Thursday, 2 March 2017

08.00 - 10.00 *Registration*

10.00 -10.30 **Opening ceremony**

10:30 -12.00 **Session 1**

Chairs: Leszek Czupryniak, Bagher Larigani

10.30 - 11.00 **Bagher Larigani:** Epidemiology of diabetes in the region and in the world

11.00 - 11.30 **Leszek Czupryniak:** Diagnosis, classification and pathogenesis of diabetes

11.30 - 12.00 **Martin Haluzik:** Current principles of diabetes management

12.00 - 13.30 *Lunch and prayer*

13.30 - 15.00 **Session 2**

Chairs: Kristien van Acker, Peter Gaede

13.30 - 14.00 **Kristien van Acker:** Diabetic foot ulceration - effective prevention and treatment

14.00 - 14.30 **Peter Gaede:** Managing hypertension in diabetes

14.30 - 15.00 **Kristien van Acker:** Elderly patients with type 2 diabetes

15.00 - 15.30 *Break*

15.30 - 17:40 **Workshops 1-3**

(Each 60-min workshop repeated twice, participants attend 2 out of 3 workshops)

- **Gregorz Gajos / Farzad Hadaegh:** Type 2 diabetes treatment – how to prevent cardiovascular disease
- **Kristien van Acker/ Mesbah Shams:** Managing patients with foot ulcerations
- **Peter Gaede /Mahmood Soveid:** Preventing kidney dysfunction in diabetes

19.30 *Dinner*

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DAY 2: Friday, 3 March 2017

08.30 - 10.00 Session 3

Chairs: Peter Gaede, Martin Haluzik

08.30 - 09.00 **Peter Gaede:** Eye and kidney damage in diabetes

09.00 – 09.30 **Martin Haluzik:** Hyperglycaemic emergencies in type 1 and type 2 diabetes

09.30 - 10.00 **Evgenia Patrakeeva:** The importance of prevention of hypoglycaemia

10.00 - 10.30 *Break*

10.30-12.30 Session 4

Chairs: Gregorz Gajos, Donal O’Gorman

10.30 - 11.00 **Gregorz Gajos:** Cardiovascular complication in patients with diabetes

11.00 - 11.30 **Zohre Mazloun:** The role of dietary treatment of diabetes

11.30 - 12.00 **Donal O’Gorman:** Body weight control in people with prediabetes and diabetes

12.00 - 12.30 **Farhad Hosseinpanah:** Managing diabetes in Ramadan

12.30 - 14.00 *Lunch and prayer*

14.00 - 15.30 Session 5

Chairs: Leszek Czupryniak, Rasa Verkauskiene

14.00 - 14.30 **Peter Gaede:** Diabetic polyneuropathy and autonomic neuropathy

14.30 - 15.00 **Leszek Czupryniak:** Diabetes and cancer - not a new story

15.00 - 15.30 **Rasa Verkauskiene:** How to manage a pregnant patient with diabetes?

15.30 - 16.00 *Break*

16.00 - 18.10 Workshops 4-6

(Each 60-min workshop repeated twice, participants attend 2 out of 3 workshops)

- **Donal O’Gorman/ Zohre Mazloun** How to help diabetes patients to lose weight
- **Stavroula A. Paschou/ Mohammad Hossein Dabbaghmanesh:** Insulin therapy in various type 1 diabetes patients
- **Leszek Czupryniak / Farhad Hosseinpanah:** How to intensify treatment of type 2 diabetes

19.30 *Dinner*

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DAY 3: Saturday, 4 March 2017

09.00 - 10.30 Session 6

Chairs: Rasa Verkauskiene, Stavroula A. Paschou

09.00 - 09.30 **Evgenia Patrakeeva:** Education as a treatment tool in diabetes management

09.30 - 10.00 **Rasa Verkauskiene:** Diabetes in adolescents and young adults

10.00 - 10.30 **Stavroula A. Paschou:** Type 1 diabetes (including LADA) in adults

10.30 - 11.00 *Break*

11.00 – 12.30 Session 7

Chairs: Leszek Czupryniak, Evgenia Patrakeeva

11.00 - 11.30 **Leszek Czupryniak:** Pharmacological management of type 2 diabetes

11.30 - 12.00 **Evgenia Patrakeeva:** Glucose monitoring and pump therapy

12.00 - 12.30 **Martin Haluzik:** What's next in diabetes world?

12:30 *Closing Remarks and Distribution of Certificates*